

May 22, 2013

I met Vinnette (Vinny) Gibson, proprietor of Sunflower Transitions, in the Fall of 2012 when I registered for workshops on Career Planning and Interview Skills in Calgary. Vinny's professional and organized facilitation of these courses as well as her knowledge and genuine warmth prompted me to seek her guidance as a coach. I have been looking for support with some life transitions and appreciating Vinny's professional style, I felt she would provide the assistance I was seeking.

We have been working together for nearly 3 months now and my experience has been more than positive. Vinny has many contacts and information that is relevant to areas of need that I am experiencing and she has provided these so willingly. She is compassionate, understanding and always provides tools to take home and continue our work together. Her own experiences, which she has shared, let me know she truly does understand.

Vinny is an excellent listener and I feel I have been heard during our sessions. This is very important to me and I always leave feeling more whole than when I came, that everything is as it is for a reason and that the changes I seek will indeed come to be.

Vinny's support is invaluable and I am grateful beyond words for all she has done thus far to encourage and assist me with the transitions I am facing. Thank you Vinny!

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